



# Seadreams

## Mission Beach

Luxury Beachfront Accommodation

### Self-Serve Breakfast Menu

Start your day with the below options.

#### Hot Breakfast Options

##### **Baked Beans**

Your Choice of Toast, Croissant or Waffle  
Topped with Baked Beans, Tomato &  
Pepita Seeds  
GFA/NF/DF

##### **Smashed Avocado**

Your Choice of Toast or Croissant Topped  
with Avocado Puree, Crumbled Feta,  
Tomatoes, Balsamic Glaze, Olive Oil &  
Pepita Seeds  
GFA/NF/DFA-No Feta

##### **Toasties**

Toasted Croissant or Sandwich Filled with  
Your Choice of Fillings  
GFA/NFA/DFA

##### **Belgian Waffles**

Warm Belgian Waffles Topped with  
Blackberries, Strawberries & Maple Syrup  
NF/DF

##### **Toast**

Your Choice of Toast Topped with Jam or  
Spread  
GFA/NF/DF

##### **Quinoa Porridge**

Quinoa Porridge Topped with Blackberries,  
Strawberries & Maple Syrup  
GF/NF/DF

**\*\*GFA-Gluten Free Bread Available Please Contact Us To Order\*\***

#### Cold Breakfast Options

##### **Muesli**

Muesli Topped with Greek or Tropical  
Yoghurt, Blackberries & Strawberries  
GF/DFA With Almond Milk

##### **Cereal**

Your choice of Cereal Topped with Greek  
or Tropical Yoghurt, Blackberries &  
Strawberries  
DFA With Almond Milk

##### **Yoghurt**

Your choice of Greek or Tropical Yoghurt  
Topper with Blackberries, Strawberries &  
Tropical Fruit  
GF/NF

##### **Roasted Nut Bars**

Your choice of Almond, Hazelnut & Vanilla  
Nut Bar or Almond, Cashew & Cranberry  
Nut Bar  
GF/DF

#### Full Allergen List

##### **Fruits & Vegetables**

Fresh Berries, Tropical Fruit, Avocado,  
Tomato GF/DF/NF

##### **Dairy Items**

Greek Yoghurt, Tropical Yoghurt, Full  
Cream Milk, Tasty Cheese, Feta Cheese,  
Whipped Cream GF/NF  
Margerine GF/DF/NF  
Almond Milk GF/DF

##### **Sweet Items**

Jam, Marmalade, Maple Syrup, Honey  
GF/DF/NF  
Chocolate Syrup  
GF/NF  
Nutella  
GF

##### **Savoury Items**

Baked Beans, Balsamic Glaze, Pepita &  
Sunflower Seeds, Extra Virgin Olive Oil  
GF/DF/NF

Peanut Butter  
GF/DF

Vegemite  
DF/NF

##### **Muesli Bars, Cereals & Muesli**

Please refer to the individual packets for  
allergen information

##### **Bakery Items**

Croissants  
NF

Belgian Waffles, Sourdough Bread,  
Wholegrain Bread  
DF/NF

GF-Gluten Free, GFA-Gluten Free Alternate, DF-Dairy Free  
DFA-Dairy Free Alternate NF-Nut Free, NFO-Nut Free Option